



October 2025 – Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
<i>Age-appropriate milk must be served with lunch</i>	<i>Fresh fruits include but are not limited to: apples, oranges, bananas, pears, tangerines, cantaloupes, plums, nectarines, watermelons, strawberries, blueberries, peaches, honeydew, cantaloupes. Fruit will be served as it is in season and as it becomes ripe. This institution is an equal opportunity provider</i>	1 Chicken parmesan (V) Elbows, tomato sauce w/ soy*^ Zucchini & yellow squash Whole wheat bread/butter* Fresh fruit	2 Beef BBQ (V) BBQ with soy #^ Bean medley Roll Fresh fruit	3 (V) Whole wheat macaroni & cheese* Mixed vegetables Fresh fruit
6 Whole wheat Turk-a-roni* (V) White bean mushroom soup^ Grated cheese Southwest salad Fresh fruit	7 Teriyaki-style chicken (V) Broccoli & cheddar quinoa w/brown rice * Sugar snaps & carrots Whole wheat bread/butter* Fresh fruit	8 Chicken nuggets (V) Veggie nuggets^ Potato soup Whole wheat bread/butter* Fresh fruit	9 (V) Whole grain pizza* Garden salad Fresh fruit	10 (V) Spinach manicotti Winter blend vegetables Whole wheat bread/butter* Fresh fruit
13 Turkey taco w/whole wheat Tortilla* (V) Beans & brown rice burrito*^ Corn Grated cheese Fresh fruit	14 (V) Whole grain cheese melt * Tomato soup Fresh fruit	15 Stuffing topped chicken pot pie Apple coleslaw (V) Black bean tortilla soup^ Whole wheat bread/butter* Fresh fruit	16 Chicken thigh w/gravy (V) Picadillo^ Peas Whole wheat bread/butter * Fresh fruit	17 Chicken Alfredo with tri-color pasta (V) Tri-color pasta alfredo Salad Fresh fruit
20 Dirty brown rice with beef* (V) Dirty brown rice^ Spinach salad Fresh fruit	21 Bean, corn, & chicken quesadilla (V) Bean, corn & cheese quesadilla With whole wheat tortilla * Green Beans Fresh fruit	22 Whole wheat spaghetti & meat sauce* (V) Spaghetti & tomato sauce w/ soy #^ Grated cheese Spinach salad Fresh fruit	23 Turkey meatloaf (V) French lentils w/ thyme^ Mashed sweet potatoes Whole wheat bread/butter* Fresh fruit	24 (V) Lasagna Tossed salad Fresh fruit
27 Whole wheat ziti with chicken * (V) Lentil penne & tomato sauce w/ soy *#^ Grated cheese Tossed salad Fresh fruit	28 (V) Beans & Brown rice^ Tossed salad Tortilla* Fresh fruit	29 Shepherd's Pie (V) Chickpea curry with potatoes^ Pineapple/mango coleslaw Whole wheat bread/butter* Fresh fruit	30 (V) Ravioli w/olive oil, tomato sauce & fresh basil Peas Fresh fruit	31 BBQ chicken (V) Mushroom stroganoff ^ California blend vegetables Whole wheat bread/butter* Fresh fruit

(V) Vegetarian meal
#Gluten free

*Whole grain
^Vegan



November 2025 – Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
3 Turkey sloppy joe (V) Vegetarian sloppy joe ^ Corn & edamame Roll Fresh fruit	4 Chicken chili (V) Veg out chili^ Broccoli & cheese salad Whole wheat bread/butter* Fresh fruit	5 Chicken parmesan (V) Elbows, tomato sauce w/ soy*^ Zucchini & yellow squash Whole wheat bread/butter* Fresh fruit	6 Beef BBQ (V) BBQ with soy #^ Bean medley Roll Fresh fruit	7 (V) Whole wheat macaroni & cheese* Mixed vegetables Fresh fruit
10 Whole wheat Turk-a-roni* (V) White bean mushroom soup^ Grated cheese Southwest salad Fresh fruit	11 Teriyaki-style chicken (V) Broccoli & cheddar quinoa w/brown rice * Sugar snaps & carrots Whole wheat bread/butter* Fresh fruit	12 Chicken nuggets (V) Veggie nuggets^ Potato soup Whole wheat bread/butter* Fresh fruit	13 (V) Whole grain pizza* Garden salad Fresh fruit	14 (V) Spinach manicotti Winter blend vegetables Whole wheat bread/butter* Fresh fruit
17 Turkey taco w/whole wheat Tortilla* (V) Beans & brown rice burrito*^ Corn Grated cheese Fresh fruit	18 (V) Whole grain cheese melt * Tomato soup Fresh fruit	19 Chicken thigh w/gravy (V) Picadillo^ Peas Whole wheat bread/butter * Fresh fruit	20 Chicken Alfredo with tri-color pasta (V) Tri-color pasta alfredo Salad Fresh fruit	21 THANKSGIVING LUNCH Sliced turkey & gravy (V) Veggie nuggets Sweet potatoes Cranberry relish Whole wheat bread/butter Fresh fruit
24 Dirty brown rice with beef* (V) Dirty brown rice^ Spinach salad Fresh fruit	25 Whole wheat spaghetti & meat sauce* (V) Spaghetti & tomato sauce w/ soy #^ Grated cheese Spinach salad Fresh fruit	26 (V) Lasagna Tossed salad Fresh fruit	27 CLOSED FOR THANKSGIVING	28 CLOSED FOR THANKSGIVING
<i>Age-appropriate milk must be served with lunch</i>	<i>Fresh fruits include but are not limited to: apples, oranges, bananas, pears, tangerines, cantaloupes, plums, nectarines, watermelons, strawberries, blueberries, peaches, honeydew, cantaloupes. Fruit will be served as it is in season and as it becomes ripe. This institution is an equal opportunity provider</i>			

(V) Vegetarian meal
 #Gluten free

*Whole grain
 ^Vegan



December 2025 – Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
1 Whole wheat ziti with chicken * (V) Lentil penne & tomato sauce w/ soy *#^ Grated cheese Tossed salad Fresh fruit	2 (V) Beans & Brown rice^ Tossed salad Tortilla* Fresh fruit	3 Shepherd's Pie (V) Chickpea curry with potatoes^ Pineapple/mango coleslaw Whole wheat bread/butter* Fresh fruit	4 (V) Ravioli w/olive oil, tomato sauce & fresh basil Peas Fresh fruit	5 BBQ chicken (V) Mushroom stroganoff ^ California blend vegetables Whole wheat bread/butter* Fresh fruit
8 Turkey sloppy joe (V) Vegetarian sloppy joe ^ Corn & edamame Roll Fresh fruit	9 Chicken chili (V) Veg out chili^ Broccoli & cheese salad Whole wheat bread/butter* Fresh fruit	10 Chicken parmesan (V) Elbows, tomato sauce w/ soy*^ Zucchini & yellow squash Whole wheat bread/butter* Fresh fruit	11 Beef BBQ (V) BBQ with soy #^ Bean medley Roll Fresh fruit	12 (V) Whole wheat macaroni & cheese* Mixed vegetables Fresh fruit
15 Whole wheat Turk-a-roni* (V) White bean mushroom soup^ Grated cheese Southwest salad Fresh fruit	16 Teriyaki-style chicken (V) Broccoli & cheddar quinoa w/brown rice * Sugar snaps & carrots Whole wheat bread/butter* Fresh fruit	17 Chicken nuggets (V) Veggie nuggets^ Potato soup Whole wheat bread/butter* Fresh fruit	18 (V) Whole grain pizza* Garden salad Fresh fruit	19 (V) Spinach manicotti Winter blend vegetables Whole wheat bread/butter* Fresh fruit
22 Turkey taco w/whole wheat Tortilla* (V) Beans & brown rice burrito*^ Corn Grated cheese Fresh fruit	23 (V) Whole grain cheese melt * Tomato soup Fresh fruit	24 Chicken thigh w/gravy (V) Picadillo^ Peas Whole wheat bread/butter * Fresh fruit	25 CLOSED FOR CHRISTMAS DAY	26 Chicken Alfredo with tri-color pasta (V) Tri-color pasta alfredo Salad Fresh fruit
29 Dirty brown rice with beef* (V) Dirty brown rice^ Spinach salad Fresh fruit	30 Whole wheat spaghetti & meat sauce* (V) Spaghetti & tomato sauce w/ soy #^ Grated cheese Spinach salad Fresh fruit	31 Turkey meatloaf (V) French lentils w/ thyme^ Mashed sweet potatoes Whole wheat bread/butter* Fresh fruit	<i>Age-appropriate milk must be served with lunch</i>	<i>Fresh fruits include but are not limited to: apples, oranges, bananas, pears, tangerines, cantaloupes, plums, nectarines, watermelons, strawberries, blueberries, peaches, honeydew, cantaloupes. Fruit will be served as it is in season and as it becomes ripe. This institution is an equal opportunity provider</i>

(V) Vegetarian meal
 #Gluten free

*Whole grain
 ^Vegan



January 2026 – Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
<i>Age-appropriate milk must be served with lunch</i>	<i>Fresh fruits include but are not limited to: apples, oranges, bananas, pears, tangerines, cantaloupes, plums, nectarines, watermelons, strawberries, blueberries, peaches, honeydew, cantaloupes. Fruit will be served as it is in season and as it becomes ripe. This institution is an equal opportunity provider</i>		1 CLOSED FOR NEW YEARS'S DAY	2 (V) Lasagna Tossed salad Fresh fruit
5 Whole wheat ziti with chicken * (V) Lentil penne & tomato sauce w/ soy *#^ Grated cheese Tossed salad Fresh fruit	6 (V) Beans & Brown rice^ Tossed salad Tortilla* Fresh fruit	7 Shepherd's Pie (V) Chickpea curry with potatoes^ Pineapple/mango coleslaw Whole wheat bread/butter* Fresh fruit	8 (V) Ravioli w/olive oil, tomato sauce & fresh basil Peas Fresh fruit	9 BBQ chicken (V) Mushroom stroganoff ^ California blend vegetables Whole wheat bread/butter* Fresh fruit
12 Turkey sloppy joe (V) Vegetarian sloppy joe ^ Corn & edamame Roll Fresh fruit	13 Chicken chili (V) Veg out chili^ Broccoli & cheese salad Whole wheat bread/butter* Fresh fruit	14 Chicken parmesan (V) Elbows, tomato sauce w/ soy*^ Zucchini & yellow squash Whole wheat bread/butter* Fresh fruit	15 Beef BBQ (V) BBQ with soy #^ Bean medley Roll Fresh fruit	16 (V) Whole wheat macaroni & cheese* Mixed vegetables Fresh fruit
19 CLOSED FOR MLK JR DAY	20 Whole wheat Turk-a-roni* (V) White bean mushroom soup^ Grated cheese Southwest salad Fresh fruit	21 Teriyaki-style chicken (V) Broccoli & cheddar quinoa w/brown rice * Sugar snaps & carrots Whole wheat bread/butter* Fresh fruit	22 Chicken nuggets (V) Veggie nuggets^ Potato soup Whole wheat bread/butter* Fresh fruit	23 (V) Whole grain pizza* Garden salad Fresh fruit
26 Turkey taco w/whole wheat Tortilla* (V) Beans & brown rice burrito*^ Corn Grated cheese Fresh fruit	27 (V) Whole grain cheese melt * Tomato soup Fresh fruit	28 Stuffing topped chicken pot pie Apple coleslaw (V) Black bean tortilla soup^ Whole wheat bread/butter* Fresh fruit	29 Chicken thigh w/gravy (V) Picadillo^ Peas Whole wheat bread/butter * Fresh fruit	30 Chicken Alfredo with tri-color pasta (V) Tri-color pasta alfredo Salad Fresh fruit

(V) Vegetarian meal
#Gluten free

*Whole grain
^Vegan



February 2026 – Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
2 Dirty brown rice with beef* (V) Dirty brown rice^ Spinach salad Fresh fruit	3 Bean, corn, & chicken quesadilla (V) Bean, corn & cheese quesadilla With whole wheat tortilla * Green Beans Fresh fruit	4 Whole wheat spaghetti & meat sauce* (V) Spaghetti & tomato sauce w/ soy #^ Grated cheese Spinach salad Fresh fruit	5 Turkey meatloaf (V) French lentils w/ thyme^ Mashed sweet potatoes Whole wheat bread/butter* Fresh fruit	6 (V) Lasagna Tossed salad Fresh fruit
9 Whole wheat ziti with chicken * (V) Lentil penne & tomato sauce w/ soy #*^ Grated cheese Tossed salad Fresh fruit	10 (V) Beans & Brown rice^ Tossed salad Tortilla* Fresh fruit	11 Shepherd's Pie (V) Chickpea curry with potatoes^ Pineapple/mango coleslaw Whole wheat bread/butter* Fresh fruit	12 (V) Ravioli w/olive oil, tomato sauce & fresh basil Peas Fresh fruit	13 BBQ chicken (V) Mushroom stroganoff ^ California blend vegetables Whole wheat bread/butter* Fresh fruit
16 CLOSED FOR PRESIDENT'S DAY	17 Turkey sloppy joe (V) Vegetarian sloppy joe ^ Corn & edamame Roll Fresh fruit	18 Chicken chili (V) Veg out chili^ Broccoli & cheese salad Whole wheat bread/butter* Fresh fruit	19 Chicken parmesan (V) Elbows, tomato sauce w/ soy*^ Zucchini & yellow squash Whole wheat bread/butter* Fresh fruit	20 Beef BBQ (V) BBQ with soy #^ Bean medley Roll Fresh fruit
23 Whole wheat Turk-a-roni* (V) White bean mushroom soup^ Grated cheese Southwest salad Fresh fruit	24 Teriyaki-style chicken (V) Broccoli & cheddar quinoa w/brown rice * Sugar snaps & carrots Whole wheat bread/butter* Fresh fruit	25 Chicken nuggets (V) Veggie nuggets^ Potato soup Whole wheat bread/butter* Fresh fruit	26 (V) Whole grain pizza* Garden salad Fresh fruit	27 (V) Spinach manicotti Winter blend vegetables Whole wheat bread/butter* Fresh fruit
<i>Age-appropriate milk must be served with lunch</i>	<i>Fresh fruits include but are not limited to: apples, oranges, bananas, pears, tangerines, cantaloupes, plums, nectarines, watermelons, strawberries, blueberries, peaches, honeydew, cantaloupes. Fruit will be served as it is in season and as it becomes ripe. This institution is an equal opportunity provider</i>			

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 ^Vegan



March 2026 – Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
2 Turkey taco w/whole wheat Tortilla* (V) Beans & brown rice burrito*^ Corn Grated cheese Fresh fruit	3 (V) Whole grain cheese melt * Tomato soup Fresh fruit	4 Stuffing topped chicken pot pie Apple coleslaw (V) Black bean tortilla soup^ Whole wheat bread/butter* Fresh fruit	5 Chicken thigh w/gravy (V) Picadillo^ Peas Whole wheat bread/butter * Fresh fruit	6 Chicken Alfredo with tri-color pasta (V) Tri-color pasta alfredo Salad Fresh fruit
9 Dirty brown rice with beef* (V) Dirty brown rice^ Spinach salad Fresh fruit	10 Bean, corn, & chicken quesadilla (V) Bean, corn & cheese quesadilla With whole wheat tortilla * Green Beans Fresh fruit	11 Whole wheat spaghetti & meat sauce* (V) Spaghetti & tomato sauce w/ soy #^ Grated cheese Spinach salad Fresh fruit	12 Turkey meatloaf (V) French lentils w/ thyme^ Mashed sweet potatoes Whole wheat bread/butter* Fresh fruit	13 (V) Lasagna Tossed salad Fresh fruit
16 Whole wheat ziti with chicken * (V) Lentil penne & tomato sauce w/ soy *#^ Grated cheese Tossed salad Fresh fruit	17 (V) Beans & Brown rice^ Tossed salad Tortilla* Fresh fruit	18 Shepherd's Pie (V) Chickpea curry with potatoes^ Pineapple/mango coleslaw Whole wheat bread/butter* Fresh fruit	19 (V) Ravioli w/olive oil, tomato sauce & fresh basil Peas Fresh fruit	20 BBQ chicken (V) Mushroom stroganoff ^ California blend vegetables Whole wheat bread/butter* Fresh fruit
23 Turkey sloppy joe (V) Vegetarian sloppy joe ^ Corn & edamame Roll Fresh fruit	24 Chicken chili (V) Veg out chili^ Broccoli & cheese salad Whole wheat bread/butter* Fresh fruit	25 Chicken parmesan (V) Elbows, tomato sauce w/ soy*^ Zucchini & yellow squash Whole wheat bread/butter* Fresh fruit	26 Beef BBQ (V) BBQ with soy #^ Bean medley Roll Fresh fruit	27 (V) Whole wheat macaroni & cheese* Mixed vegetables Fresh fruit
30 Whole wheat Turk-a-roni* (V) White bean mushroom soup^ Grated cheese Southwest salad Fresh fruit	31 Teriyaki-style chicken (V) Broccoli & cheddar quinoa w/brown rice * Sugar snaps & carrots Whole wheat bread/butter* Fresh fruit		<i>Age-appropriate milk must be served with lunch</i>	<i>Fresh fruits include but are not limited to: apples, oranges, bananas, pears, tangerines, cantaloupes, plums, nectarines, watermelons, strawberries, blueberries, peaches, honeydew, cantaloupes. Fruit will be served as it is in season and as it becomes ripe. This institution is an equal opportunity provider</i>

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April 2026 – Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
<i>Age-appropriate milk must be served with lunch</i>	<i>Fresh fruits include but are not limited to: apples, oranges, bananas, pears, tangerines, cantaloupes, plums, nectarines, watermelons, strawberries, blueberries, peaches, honeydew, cantaloupes. Fruit will be served as it is in season and as it becomes ripe. This institution is an equal opportunity provider</i>	1 Chicken nuggets (V) Veggie nuggets^ Potato soup Whole wheat bread/butter* Fresh fruit	2 (V) Whole grain pizza* Garden salad Fresh fruit	3 (V) Spinach manicotti Winter blend vegetables Whole wheat bread/butter* Fresh fruit
6 Turkey taco w/whole wheat Tortilla* (V) Beans & brown rice burrito*^ Corn Grated cheese Fresh fruit	7 (V) Whole grain cheese melt * Tomato soup Fresh fruit	8 Stuffing topped chicken pot pie Apple coleslaw (V) Black bean tortilla soup^ Whole wheat bread/butter* Fresh fruit	9 Chicken thigh w/gravy (V) Picadillo^ Peas Whole wheat bread/butter * Fresh fruit	10 Chicken Alfredo with tri-color pasta (V) Tri-color pasta alfredo Salad Fresh fruit
13 Dirty brown rice with beef* (V) Dirty brown rice^ Spinach salad Fresh fruit	14 Bean, corn, & chicken quesadilla (V) Bean, corn & cheese quesadilla With whole wheat tortilla * Green Beans Fresh fruit	15 Whole wheat spaghetti & meat sauce* (V) Spaghetti & tomato sauce w/ soy #^ Grated cheese Spinach salad Fresh fruit	16 Turkey meatloaf (V) French lentils w/ thyme^ Mashed sweet potatoes Whole wheat bread/butter* Fresh fruit	17 (V) Lasagna Tossed salad Fresh fruit
20 Whole wheat ziti with chicken * (V) Lentil penne & tomato sauce w/ soy *#^ Grated cheese Tossed salad Fresh fruit	21 (V) Beans & Brown rice^ Tossed salad Tortilla* Fresh fruit	22 Shepherd's Pie (V) Chickpea curry with potatoes^ Pineapple/mango coleslaw Whole wheat bread/butter* Fresh fruit	23 (V) Ravioli w/olive oil, tomato sauce & fresh basil Peas Fresh fruit	24 BBQ chicken (V) Mushroom stroganoff ^ California blend vegetables Whole wheat bread/butter* Fresh fruit
27 Turkey sloppy joe (V) Vegetarian sloppy joe ^ Corn & edamame Roll Fresh fruit	28 Chicken chili (V) Veg out chili^ Broccoli & cheese salad Whole wheat bread/butter* Fresh fruit	29 Chicken parmesan (V) Elbows, tomato sauce w/ soy*^ Zucchini & yellow squash Whole wheat bread/butter* Fresh fruit	30 Beef BBQ (V) BBQ with soy #^ Bean medley Roll Fresh fruit	

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May 2026 – Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
<i>Age-appropriate milk must be served with lunch</i>	<i>Fresh fruits include but are not limited to: apples, oranges, bananas, pears, tangerines, cantaloupes, plums, nectarines, watermelons, strawberries, blueberries, peaches, honeydew, cantaloupes. Fruit will be served as it is in season and as it becomes ripe. This institution is an equal opportunity provider</i>			1 (V) Whole wheat macaroni & cheese* Mixed vegetables Fresh fruit
4 Whole wheat Turk-a-roni* (V) White bean mushroom soup^ Grated cheese Southwest salad Fresh fruit	5 Teriyaki-style chicken (V) Broccoli & cheddar quinoa w/brown rice * Sugar snaps & carrots Whole wheat bread/butter* Fresh fruit	6 Chicken nuggets (V) Veggie nuggets^ Potato soup Whole wheat bread/butter* Fresh fruit	7 (V) Whole grain pizza* Garden salad Fresh fruit	8 (V) Spinach manicotti Winter blend vegetables Whole wheat bread/butter* Fresh fruit
11 Turkey taco w/whole wheat Tortilla* (V) Beans & brown rice burrito*^ Corn Grated cheese Fresh fruit	12 (V) Whole grain cheese melt * Tomato soup Fresh fruit	13 Stuffing topped chicken pot pie Apple coleslaw (V) Black bean tortilla soup^ Whole wheat bread/butter* Fresh fruit	14 Chicken thigh w/gravy (V) Picadillo^ Peas Whole wheat bread/butter * Fresh fruit	15 Chicken Alfredo with tri-color pasta (V) Tri-color pasta alfredo Salad Fresh fruit
18 Dirty brown rice with beef* (V) Dirty brown rice^ Spinach salad Fresh fruit	19 Bean, corn, & chicken quesadilla (V) Bean, corn & cheese quesadilla With whole wheat tortilla * Green Beans Fresh fruit	20 Whole wheat spaghetti & meat sauce* (V) Spaghetti & tomato sauce w/ soy #^ Grated cheese Spinach salad Fresh fruit	21 Turkey meatloaf (V) French lentils w/ thyme^ Mashed sweet potatoes Whole wheat bread/butter* Fresh fruit	22 (V) Lasagna Tossed salad Fresh fruit
25 CLOSED FOR MEMORIAL DAY	26 Whole wheat ziti with chicken * (V) Lentil penne & tomato sauce w/ soy *#^ Grated cheese Tossed salad Fresh fruit	27 (V) Beans & Brown rice^ Tossed salad Tortilla* Fresh fruit	28 (V) Ravioli w/olive oil, tomato sauce & fresh basil Peas Fresh fruit	29 BBQ chicken (V) Mushroom stroganoff ^ California blend vegetables Whole wheat bread/butter* Fresh fruit

(V) Vegetarian meal
#Gluten free

*Whole grain
^Vegan



June 2026 – Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
1 Turkey sloppy joe (V) Vegetarian sloppy joe ^ Corn & edamame Roll Fresh fruit	2 Chicken chili (V) Veg out chili^ Broccoli & cheese salad Whole wheat bread/butter* Fresh fruit	3 Chicken parmesan (V) Elbows, tomato sauce w/ soy*^ Zucchini & yellow squash Whole wheat bread/butter* Fresh fruit	4 Beef BBQ (V) BBQ with soy #^ Bean medley Roll Fresh fruit	5 (V) Whole wheat macaroni & cheese* Mixed vegetables Fresh fruit
8 Whole wheat Turk-a-roni* (V) White bean mushroom soup^ Grated cheese Southwest salad Fresh fruit	9 Teriyaki-style chicken (V) Broccoli & cheddar quinoa w/brown rice * Sugar snaps & carrots Whole wheat bread/butter* Fresh fruit	10 Chicken nuggets (V) Veggie nuggets^ Potato soup Whole wheat bread/butter* Fresh fruit	11 (V) Whole grain pizza* Garden salad Fresh fruit	12 (V) Spinach manicotti Winter blend vegetables Whole wheat bread/butter* Fresh fruit
15 Turkey taco w/whole wheat Tortilla* (V) Beans & brown rice burrito*^ Corn Grated cheese Fresh fruit	16 (V) Whole grain cheese melt * Tomato soup Fresh fruit	17 Stuffing topped chicken pot pie Apple coleslaw (V) Black bean tortilla soup^ Whole wheat bread/butter* Fresh fruit	18 Chicken thigh w/gravy (V) Picadillo^ Peas Whole wheat bread/butter * Fresh fruit	19 Chicken Alfredo with tri-color pasta (V) Tri-color pasta alfredo Salad Fresh fruit
22 Dirty brown rice with beef* (V) Dirty brown rice^ Spinach salad Fresh fruit	23 Bean, corn, & chicken quesadilla (V) Bean, corn & cheese quesadilla With whole wheat tortilla * Green Beans Fresh fruit	24 Whole wheat spaghetti & meat sauce* (V) Spaghetti & tomato sauce w/ soy #^ Grated cheese Spinach salad Fresh fruit	25 Turkey meatloaf (V) French lentils w/ thyme^ Mashed sweet potatoes Whole wheat bread/butter* Fresh fruit	26 (V) Lasagna Tossed salad Fresh fruit
29 Whole wheat ziti with chicken * (V) Lentil penne & tomato sauce w/ soy *#^ Grated cheese Tossed salad Fresh fruit	30 (V) Beans & Brown rice^ Tossed salad Tortilla* Fresh fruit		<i>Age-appropriate milk must be served with lunch</i>	<i>Fresh fruits include but are not limited to: apples, oranges, bananas, pears, tangerines, cantaloupes, plums, nectarines, watermelons, strawberries, blueberries, peaches, honeydew, cantaloupes. Fruit will be served as it is in season and as it becomes ripe. This institution is an equal opportunity provider</i>

(V) Vegetarian meal
 #Gluten free

*Whole grain
 ^Vegan



July 2026 – Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
<i>Age-appropriate milk must be served with lunch</i>	<i>Fresh fruits include but are not limited to: apples, oranges, bananas, pears, tangerines, cantaloupes, plums, nectarines, watermelons, strawberries, blueberries, peaches, honeydew, cantaloupes. Fruit will be served as it is in season and as it becomes ripe. This institution is an equal opportunity provider</i>	1 (V) Ravioli w/olive oil, tomato sauce & fresh basil Peas Fresh fruit	2 BBQ chicken (V) Mushroom stroganoff ^ California blend vegetables Whole wheat bread/butter* Fresh fruit	3 CLOSED FOR INDEPENDENCE DAY
6 Turkey sloppy joe (V) Vegetarian sloppy joe ^ Corn & edamame Roll Fresh fruit	7 Chicken chili (V) Veg out chili^ Broccoli & cheese salad Whole wheat bread/butter* Fresh fruit	8 Chicken parmesan (V) Elbows, tomato sauce w/ soy*^ Zucchini & yellow squash Whole wheat bread/butter* Fresh fruit	9 Beef BBQ (V) BBQ with soy #^ Bean medley Roll Fresh fruit	10 (V) Whole wheat macaroni & cheese* Mixed vegetables Fresh fruit
13 Whole wheat Turk-a-roni* (V) White bean mushroom soup^ Grated cheese Southwest salad Fresh fruit	14 Teriyaki-style chicken (V) Broccoli & cheddar quinoa w/brown rice * Sugar snaps & carrots Whole wheat bread/butter* Fresh fruit	15 Chicken nuggets (V) Veggie nuggets^ Potato soup Whole wheat bread/butter* Fresh fruit	16 (V) Whole grain pizza* Garden salad Fresh fruit	17 (V) Spinach manicotti Winter blend vegetables Whole wheat bread/butter* Fresh fruit
20 Turkey taco w/whole wheat Tortilla* (V) Beans & brown rice burrito*^ Corn Grated cheese Fresh fruit	21 (V) Whole grain cheese melt * Tomato soup Fresh fruit	22 Stuffing topped chicken pot pie Apple coleslaw (V) Black bean tortilla soup^ Whole wheat bread/butter* Fresh fruit	23 Chicken thigh w/gravy (V) Picadillo^ Peas Whole wheat bread/butter * Fresh fruit	24 Chicken Alfredo with tri-color pasta (V) Tri-color pasta alfredo Salad Fresh fruit
27 Dirty brown rice with beef* (V) Dirty brown rice^ Spinach salad Fresh fruit	28 Bean, corn, & chicken quesadilla (V) Bean, corn & cheese quesadilla With whole wheat tortilla * Green Beans Fresh fruit	29 Whole wheat spaghetti & meat sauce* (V) Spaghetti & tomato sauce w/ soy #^ Grated cheese Spinach salad Fresh fruit	30 Turkey meatloaf (V) French lentils w/ thyme^ Mashed sweet potatoes Whole wheat bread/butter* Fresh fruit	31 (V) Lasagna Tossed salad Fresh fruit

(V) Vegetarian meal
#Gluten free

*Whole grain
^Vegan



August 2026 – Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
3 Whole wheat ziti with chicken * (V) Lentil penne & tomato sauce w/ soy *#^ Grated cheese Tossed salad Fresh fruit	4 (V) Beans & Brown rice^ Tossed salad Tortilla* Fresh fruit	5 Shepherd's Pie (V) Chickpea curry with potatoes^ Pineapple/mango coleslaw Whole wheat bread/butter* Fresh fruit	6 (V) Ravioli w/olive oil, tomato sauce & fresh basil Peas Fresh fruit	7 BBQ chicken (V) Mushroom stroganoff ^ California blend vegetables Whole wheat bread/butter* Fresh fruit
10 Turkey sloppy joe (V) Vegetarian sloppy joe ^ Corn & edamame Roll Fresh fruit	11 Chicken chili (V) Veg out chili^ Broccoli & cheese salad Whole wheat bread/butter* Fresh fruit	12 Chicken parmesan (V) Elbows, tomato sauce w/ soy*^ Zucchini & yellow squash Whole wheat bread/butter* Fresh fruit	13 Beef BBQ (V) BBQ with soy #^ Bean medley Roll Fresh fruit	14 (V) Whole wheat macaroni & cheese* Mixed vegetables Fresh fruit
17 Whole wheat Turk-a-roni* (V) White bean mushroom soup^ Grated cheese Southwest salad Fresh fruit	18 Teriyaki-style chicken (V) Broccoli & cheddar quinoa w/brown rice * Sugar snaps & carrots Whole wheat bread/butter* Fresh fruit	19 Chicken nuggets (V) Veggie nuggets^ Potato soup Whole wheat bread/butter* Fresh fruit	20 (V) Whole grain pizza* Garden salad Fresh fruit	21 (V) Spinach manicotti Winter blend vegetables Whole wheat bread/butter* Fresh fruit
24 Turkey taco w/whole wheat Tortilla* (V) Beans & brown rice burrito*^ Corn Grated cheese Fresh fruit	25 (V) Whole grain cheese melt * Tomato soup Fresh fruit	26 Stuffing topped chicken pot pie Apple coleslaw (V) Black bean tortilla soup^ Whole wheat bread/butter* Fresh fruit	27 Chicken thigh w/gravy (V) Picadillo^ Peas Whole wheat bread/butter * Fresh fruit	28 Chicken Alfredo with tri-color pasta (V) Tri-color pasta alfredo Salad Fresh fruit
31 Dirty brown rice with beef* (V) Dirty brown rice^ Spinach salad Fresh fruit			<i>Age-appropriate milk must be served with lunch</i>	<i>Fresh fruits include but are not limited to: apples, oranges, bananas, pears, tangerines, cantaloupes, plums, nectarines, watermelons, strawberries, blueberries, peaches, honeydew, cantaloupes. Fruit will be served as it is in season and as it becomes ripe. This institution is an equal opportunity provider</i>

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 #Gluten free

*Whole grain
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